

5 K COLOR EXPLOSION

October 11, 2014

Event to be held at the
Columbia Boat Docks
During the 59th Annual
Art & Folk Festival

All proceeds go to
The American Cancer Society
Please make checks payable to:
The American Cancer Society



RelayForLife.org

Have questions, please call
Shelley Odom @ 318-649-6136

Cell# 318-594-1663

5K Entry Fees

\$25 Pre-Race Registration
(includes T-shirt and goody
bag)

\$30 Race Day Registration
(T-shirt and goody bag not
guaranteed)

UNDER 5 ARE FREE

***Deadline for Pre-Race
Registration**

September 12, 2014

Location

Columbia Boat Docks

(Race will begin & end at docks.)

Course

Mostly flat with some hills.

Race Day Schedule

Race Day Registration 7:45-8:45 am

5K Run or Walk 9:00 am



AS EACH RUNNER RUNS/
WALKS THROUGH EACH
MILE MARKER, COLORED
POWDER WILL BE
THROWN (SAFE AND
NON-TOXIC) AND THEN
AS YOU FINISH WE WILL
HAVE AN
EXPLOSION OF
COLOR!

