

BIG DOG ULTRA TRAIL RUN

SATURDAY, NOVEMBER 26, 2016 7:00 AM 50K START 8:00 AM 5M/10M/20M START

LINCOLN PARISH PARK RUSTON, LOUISIANA

Table with 3 columns: Fee description, 20M/10M/5M fee, 50K fee. Rows include Postmarked by 11/12, Postmarked after 11/12, and Race Day.

ON-LINE REGISTRATION: www.signmeup.com/115063

COURSE: 10 mile loop on one of the nation's top rated mountain bike courses. Mostly single track with some jeep trails. Some hills, rocks, and roots.

AID STATIONS: 3 fully stocked stations 3 to 3.5 miles apart. Drop bags can be left at the Start/Finish line.

PACKETS: 20M/10M/5M participants receive a long sleeve shirt, socks, and other goodies. 50K participants receive a long sleeve shirt, socks, cap, and other goodies.

PACKET PICK-UP: Friday, November 25, from 5-7 PM at Shelter L6, Lincoln Parish Park Saturday, November 26, from 6:00-7:45 AM at Shelter L6

POST RACE: Chili, desserts, and beverages.

AWARDS: Top 10 Overall Male and Female in all 4 races. Finisher awards to all other finishers. Awards handed out as participants cross the Finish Line.

LODGING: Comfort Inn - 318-242-0070 Days Inn - 318-251-1298 Fairfield Inn & Suites - 318-251-9800 Holiday Inn Express - 318-513-9777 Park Camping - 318-251-5156

RACE DAY SCHEDULE: 6:00-6:45 AM Late registration and packet pick-up for 50K 7:00 AM 50K Start in Big Field at Start/Finish Line 7:00 -7:45 AM Late registration and packet pick-up for 5M/10M/20M 8:00 AM 5M/10M/20M Start in Big Field at Start/Finish Line

VOLUNTEERS: Volunteers are ALWAYS WELCOME to join in the fun!

DIRECTIONS: From I-20, take HWY 33 North (to Farmerville) for 3.4 miles and turn left.

MORE INFORMATION: www.ovrrc.com or contact Dr. Jeff Baillie at jeffb@bayou.com

\*\*\*\*\*

REGISTRATION FORM

Name \_\_\_\_\_ Age on 11/26 \_\_\_\_\_ Sex \_\_\_\_\_ Address \_\_\_\_\_ E-Mail \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Phone \_\_\_\_\_

Race Distance (circle one): 50K 20M 10M 5M T-Shirt size (circle one): S M L XL XXL

Checks payable to: Big Dog Ultra Trail Run Mail to: Baillie Chiropractics P O Box 2794 Monroe LA 71207

RELEASE OF RESPONSIBILITY

In consideration of my being admitted to run the Big Dog Ultra Trail Run, I for myself, my heirs and assigns, executors, and administrators, do hereby release and discharge the Lincoln Parish Park, Dr. Jeff Baillie, the Ouachita Valley Road Runners Club, their employees and their agents, of and from any and all claims of demands for damages of liability in any manner arising out of my participation in said event. I agree to follow all rules and to permit myself to be removed from competition if, in the opinion of the race administrators, my competing would endanger my health or the health of others. I certify that I am in good health and that I am prepared to compete in this event. I understand that some roads may be open to traffic.

Signature \_\_\_\_\_ Date \_\_\_\_\_ (Parent or guardian if participant is under 18 years of age)