

## 5-K RUN

### AGE DIVISIONS

WOMEN		MEN	
14 & under	45-49	14 & under	45-49
15-19	50-54	15-19	50-54
20-24	55-59	20-24	55-59
25-29	60-64	25-29	60-64
30-34	65-69	30-34	65-69
35-39	70-74	35-39	70-74
40-44	75 & Over	40-44	75 & Over

### AWARDS (no duplications)

Best overall - 1st place Male & Female

Age division - 1st, 2nd & 3rd place in each division

## 2-MILE WALK

### AGE DIVISIONS

WOMEN		MEN	
14 & Under	45-54	14 & Under	45-54
15-24	55-64	15-24	55-64
25-34	65-74	25-34	65-74
35-44	77 & Over	35-44	75 & Over

### AWARDS (no duplications)

Best overall - 1st place Male & Female

Age division - 1st, 2nd & 3rd place in each division

## 1-K FUN RUN

### AGE DIVISIONS

GIRLS		BOYS	
0-4	9-10	0-4	9-10
5-6	11-12	5-6	11-12
7-8	13-14	7-8	13-14

### AWARDS (no duplications)

**Every Finisher** will receive a trophy!

Best overall - 1st place Boy & Girl

## REGISTRATION

### 5-K Race & 2-Mile Walk

\*\$25

### 1-K Fun Run

\$2 on or before race day if a race shirt is NOT desired. If shirt IS desired the fee is \$15

## RACE SHIRTS

Race shirts will be available on race day.

\*If you ran in 2015 please remember to bring your \$5 off coupon.

*Mail entry & make check payable to*

Lakeshore Baptist Church  
308 Lakeshore Dr.  
Monroe, LA 71203  
Attention: Beth Chandler

*Have questions?*

e-mail [chandlerbeth@hotmail.com](mailto:chandlerbeth@hotmail.com)  
or call 318-343-0181

 Join us on  
**Facebook**



## May 14, 2016

### 5-K Run

### 2-Mile Walk

### 1-K Children's Fun Run

Join us for the Lakeshore Faith Run through  
Monroe's beautiful Lakeshore Subdivision!

Plenty of Refreshments & Door Prizes!  
Great fun for the whole family!

Lakeshore Baptist Church  
308 Lakeshore Dr.  
Monroe, LA  
318-343-0181

Sanctioned by  
Ouachita Valley Road Runners

## LOCATION

Lakeshore Subdivision  
Monroe, Louisiana

## COURSE

Flat, shady, no hills

## RACE DAY SCHEDULE - MAY 14

7:00 A.M. - Race Day Registration  
(\$25)

8:00 A.M. - 5-K Race Begins

8:00 A.M. - 2-Mile Walk Begins

8:30 A.M. - 1-K Fun Run Begins

9:00 A.M. - Award presentations



### 5-K LAKESHORE CLASSIC FAITH RUN & 2-MILE WALK

**2016 Registration Form**  
Please fill out a separate form for each entrant

PLEASE CIRCLE EVENT:      5-K Race      2-Mile Walk

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on 3/1/16 \_\_\_\_\_ Male/Female (Circle One)

Please circle T-shirt Size    Adult: S M L XL XXL    Youth: S M L

**5-K REGISTRATION FEE:** \$25.00

**WAIVER:** In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against Lakeshore Baptist Church for injury or illness which may directly or indirectly result from participation. I further state that I am in proper physical condition to participate in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent or guardian if under 18

### 1-K CHILDREN'S FUN RUN

**2016 Registration Form**  
Please fill out a separate form for each entrant

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on 3/1/16 \_\_\_\_\_ Male/Female (circle one)

**REGISTRATION FEES:** \$2.00 without race T-shirt  
\$15.00 With race T-shirt

Please circle T-shirt Size (if one is being ordered)    Adult: S M L XL XXL    Youth: S M L

**WAIVER:** In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against Lakeshore Baptist Church for injury or illness which may directly or indirectly result from participation. I further state that I am in proper physical condition to participate in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent or guardian if under 18